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Preface

The relation between nutrition and growth in children is one of the key concerns of child health. The interaction between nutrition and growth poses a challenge to pediatricians, including subspecialists in pediatric nutrition, endocrinology and gastroenterology, pediatric nutritionists and dieticians, and other health professionals involved in the care of children. Thus, exchanging concepts and knowledge between the professionals of all the different disciplines is key to facilitating research and interdisciplinary clinical collaborations.

The growing interest in the relationship between nutrition and growth gave rise to numerous articles in various medical journals. With this in mind, we decided on publishing the first Yearbook on Nutrition and Growth. The main idea is to bring to practicing physicians succinct editorial comments, evaluating the clinical importance of each article and to discuss its application. The articles discussed in this book are those that have the most important potential contribution in the field. The studies might contribute to a better understanding of the mechanism of interactions, the way of thinking, the existing concepts in the field or that may lead to a change in the way we treat our patients.

The editors of the different chapters of the Yearbook are renowned experts in their fields who kindly agreed to share their views and wisdom. This first Yearbook on Nutrition and Growth is based on articles published from 1 July 2012 to 30 June 2013. We hope you will find the book useful for your work.

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